

PLANT SLANT JUICE

HEALTHY STARTS HERE

12 oz. Cold Pressed Juices- \$5.25

- 1. Sweet Beet Blend**
beets, apple, carrot, lemon, and ginger
- 2. Healthy Greens**
celery, apple, cucumber, kale, parsley, and ginger
- 3. Energize Me**
pineapple, apple, pear, and ginger
- 4. Skinny Genes**
apple, pineapple, cucumber, lime, and wheatgrass
- 5. Summer Shine**
pineapple, apple, orange, lemon, and kale
- 6. Power House**
apple, purple cabbage, pineapple, and lemon
- 7. Just Greens**
spinach, kale, cucumber, lemon, and celery
- 8. Antioxidant Reviver**
purple cabbage, carrot, orange, lemon, ginger, and apple
- 9. Blue Energizer**
pineapple, apple, pear, ginger, and blue spirulina
- 10. Detox Me**
wheatgrass, green apple, pineapple, mint, and coconut water
- 11. Blue Detox Me**
wheatgrass, green apple, pineapple, mint, coconut water, and blue spirulina
- 12. Kickin Carrot**
apples, carrots, celery, and parsley

Juice Cleanses

- 4 Pack- \$20**
add pea/whey protein- \$22
- 6 Pack- \$30**
add pea/whey protein- \$33

12 oz. Protein Shakes- \$6

- 1. Power Shake- Vanilla**
almond milk, pea protein, maple syrup, agave, dates, vanilla, and Himalayan sea salt
- 2. Power Shake- Chocolate**
almond milk, pea protein, maple syrup, agave, dates, vanilla, and Himalayan sea salt, and cacao

2 oz. Wellness Shot - \$2.75

- 1. Super Shot**
ginger, lemon, cayenne, orange, and turmeric
- 2. Immunity Shot**
elderberry juice and honey
- 3. Ginger Beet Shot**
beets, ginger, and orange
- 4. Probiotic Shot**
sparkling probiotic, lemon, ginger, and honey

2 oz. Wheatgrass Shot - \$2.50

- 1. Wheatgrass Shot**
wheatgrass



20 oz. Classic Smoothies- \$6

- 1. Peanut Butter Classic**
peanut butter, banana, dark chocolate, and almond milk
- 2. Avocado Punch**
avocado, pineapple, spinach, kale, coconut, lime, and almond milk
- 3. Sunshine**
pineapple, mango, strawberry, and orange juice
- 4. Berry Passion**
strawberry, blueberry, banana, kale, peanut butter, and coconut water
- 5. Banana Chia**
banana, chia seeds, almonds, dates, cinnamon, coconut, peanut butter, and almond milk
- 6. Dragon Fruit**
dragon fruit, mango, strawberry, pineapple, coconut, and coconut water
- 7. Açai Blast**
açai berries, blueberry, banana, strawberry, and coconut water
- 8. Banana Berry**
strawberry, blueberry, banana, raspberry, and coconut water
- 9. Body Guard**
strawberry, blueberry, raspberry, ginger elderberry, turmeric, and coconut water
- 10. Green Goddess**
pineapple, banana, kale, spinach, and coconut water
- 11. White Chocolate Berry**
strawberry, raspberry, vanilla greek yogurt, white chocolate, agave, and almond milk
- 12. Snickerdoodle Cookie**
snickerdoodle cookies, banana, cinnamon, almond butter, greek yogurt, almond milk
- 13. Longevity**
strawberry, blueberry, apple, grapes, honey, peppermint, elderberry, green tea, hemp seeds, and coconut water

20 oz. Protein Smoothies- \$6.50

- 1. Aloha Protein**
coconut, pineapple, banana, pea/whey protein, and coconut milk
- 2. Power Smoothie**
oats, chia seeds, almond/peanut butter, pea/whey protein, yogurt, and almond milk
- 3. Chocolate Power Smoothie**
oats, chia seeds, almond/peanut butter, pea/whey protein, yogurt, cacao, and almond milk
- 4. Oatmeal Raisin Cookie**
oats, banana, peanut butter, raisins, honey cinnamon, vanilla, pea/whey protein, and almond milk
- 5. Blue Mermaid Spirulina**
blue spirulina, banana, mango, pea/whey protein, and almond milk
- 6. Banana Omega**
banana, oats, flax seeds, chia seeds, honey, almond/peanut butter, pea/whey protein, and almond milk
- 7. Power Berry**
choice of strawberries or blueberries, oats, chia seeds, almond/peanut butter, yogurt, pea/whey protein, and almond milk

Energy Bites (pack of 3) - \$3.15

- 1. Aloha Bites**
coconut, macadamia nuts, pineapple, protein, vanilla extract, honey, and agave
- 2. Peanut Butter Oatmeal Bites**
oats, coconut, peanut butter, chocolate chips, honey, chia seeds, and vanilla extract



12 oz. Fresh Bowls- \$6.95

1. Açai Banana Berry

açaí, banana, blueberries, strawberries, almond milk, topped with granola, coconut, strawberries, bananas, pistachios, and almond butter or nutella

2. Sunrise Bowl

mango, strawberries, and coconut milk, topped with granola, strawberries, banana, coconut, blueberries, and almond butter

3. Dragon Fruit Bowl

dragon fruit, mango, strawberries, and coconut milk, topped with granola, banana, coconut, strawberries, and almond butter

4. Blue Mermaid Bowl

blue spirulina, mango, banana, pea/whey protein, and almond milk, topped with honey, granola, blueberries, coconut, strawberries, and chia seeds

5. Piña Colada Bowl

pineapple, banana, and coconut milk, topped with granola, coconut, banana, and pineapple

6. Banana Pudding Bowl

banana and coconut milk, topped with granola, banana, and whipped topping

Yogurt Parfaits - \$4.15

1. Blueberry

vanilla greek yogurt, blueberries, and granola

2. Hawaiian

vanilla greek yogurt, strawberries, banana, pineapple, granola, and coconut

Healthy Snacks - \$2.50

1. Chips and Hummus

veggie chips and hummus

Hot Pressed Sandwiches and More- \$6

1. Caprese

mozzarella cheese, tomatoes, spinach, pesto, basil, and balsamic glaze on ciabatta bread

2. Chicken and Cheese Quesadilla

grilled chicken and cheese blend on flour tortilla

3. Turkey and Cheese Spinach Wrap

turkey, provolone, cheese, spinach, cucumber, carrot, and green pepper on a spinach wrap with ranch or honey mustard

4. Avocado Grilled Cheese

sour dough or wheat bread, cheese, and avocado

5. Buffalo Chicken and Cheese Quesadilla

buffalo ranch, grilled chicken, and cheese blend on flour tortilla with cilantro garnish

6. Power Grain Bowl

brown rice and quinoa, black beans, corn, avocado, tomatoes, and tzatziki sauce

7. Spicy Black Bean Burger

spicy black bean burger patty, whole grain bun, cheddar cheese, lettuce, tomato, and mango habanero sauce

Toast To Live For - \$4.15

1. Avocado Toast

wholegrain or sourdough toast, avocado, olive oil, crushed red pepper, basil, Himalayan salt, and cilantro

2. Peanut Butter Banana

wholegrain or sourdough toast, banana, peanut butter, and cinnamon

3. Nutella

wholegrain or sourdough toast, Nutella, strawberries, banana, and honey



Hot Oatmeal - \$4.15

1. **Apple Cinnamon**
oats, apple, almonds, and cinnamon
2. **Peanut Butter Banana**
oats, banana, chia seeds, and peanut butter
3. **Chocolate Coconut**
oats, chocolate chips, agave, coconut, and cacao powder

Hot Soup - \$4

1. **Tomato Basil**
2. **Butternut Squash**

Bagels with Cream Cheese - \$2.50

1. **Everything Bagel**
2. **Cinnamon Raisin**

Healthy Dessert - \$6

1. **Berry Banana Split**
vanilla greek yogurt, banana, almonds, granola, blueberries, strawberries, coconut, chocolate chips, honey, almond butter, Nutella or peanut butter, and whipped topping

Cold Brew Coffees - \$6

1. **Classic Cold Brew**
cold brew, almond milk, honey or agave
2. **White Chocolate Cold Brew**
cold brew, almond milk, and white chocolate
3. **PB Banana Cold Brew Smoothie**
cold brew, almond milk, banana, peanut butter, honey, and vanilla
3. **Green Cold Brew**
cold brew, almond milk, greens, banana, peanut butter, honey, and vanilla

Seasonal Items - \$6

1. **Pumpkin Spice Smoothie**
vanilla greek yogurt, pumpkin, cinnamon, nutmeg, ginger, allspice, agave, and almond milk
2. **Eggnog Smoothie**
eggnog, coconut milk, vanilla greek yogurt, agave, banana, cinnamon, and nutmeg

Plant Slant Juice

Call or order online for in store or curbside pickup!

VISIT US!

1851 Aversboro Rd.
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919-322-4082

HOURS:

Mon-Fri: 7am - 7pm

Sat: 8am - 4pm

Sun: CLOSED

Follow Us!

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